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ABSTRACT OF THE DISCLOSURE

A cleansing and conditioning cosmetic composition containing a mixture of anionic, nonionic or amphoteric surfactants or mixtures thereof, with a cosurfactant that is alkoxylated nonionic surfactant, a water insoluble component as defined herein and a cationic conditioning polymer. The composition provides excellent cleansing and conditioning for hair/ skin and produces a copious, creamy lather.